

# PEDICURE PROCEDURES

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## **Mini Pedi– 15 minutes**

- File Nails
- Apply Base coat, 2 coats of polish and top coat

## **Basic Pedicure 45mins MAXIMUM**

- File Nails
- Apply Cuticle Remover and Soak
- Dry and push cuticles back
- Heel File
- Apply Moisturiser and Quick Massage.
- Use Polish remover to take oil off nails
- Apply Base coat, 2 coats of polish then topcoat.
- Put under Nail dryer

## **Deluxe Pedicure 1 Hour Maximum**

- Apply Cuticle remover and Soak feet for 1-2 minutes
- Scrub feet while soft from soaking
- Heel File
- Push Cuticles back
- Apply exfoliator and quick massage
- Soak exfoliator off and dry feet
- Apply moisturiser
- Massage
- Shape nails
- Pour paraffin into bag and place clients foot in bag
- Put booties on for 5 mins max
- Peel paraffin bag away from the foot
- Use polish remover to remove oils from nails
- Apply base coat, 2 coats of polish and top coat