



## LIMITING MONEY BELIEFS

Think of your situation RIGHT NOW. What are the 3 most LIMITING money beliefs that you hold currently?

1. \_\_\_\_\_  
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What are the negative effects on your life either right now or in the not too distant past? Describe in as much detail as possible.

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2. \_\_\_\_\_  
\_\_\_\_\_

What are the negative effects on your life either right now or in the not too distant past? Describe in as much detail as possible.

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3. \_\_\_\_\_  
\_\_\_\_\_

What are the negative effects on your life either right now or in the not too distant past? Describe in as much detail as possible.

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