



INTERNAL MONEY LIMIT

Think about the money that you have made in the past to the current day...

How much is the most amount of money you've made in a:

week:

year:

Why do you think that you've only been able to make that much?

What is it that you believe about how much money you deserve to make?

How has that belief served you?

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What do you need to believe to move past this current money limit?

Who do you need to become?

What action do you need to take?

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In my current situation I have set myself Internal Money Limits that are stopping me from going to a new level.

I currently/previously believed that I could only

Pay myself: _____ every _____ (frequency)

Spend on myself: _____ every _____ (frequency)

Turnover in my business: _____ every _____ (frequency)

Profit in my business: _____ every _____ (frequency)

Write extras specific to your situation:

I understand these Internal Money Limits I have previously held have kept me stuck, I am DECIDING TODAY to set NEW NUMBERS!

I WILL PAY MYSELF: _____ every _____ (frequency)

I WILL SPEND ON MYSELF: _____ every _____ (frequency)

I WILL TURNOVER: _____ every _____ (frequency)

I WILL PROFIT: _____ every _____ (frequency)

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